



# THE STARTING GATE

AT GREATHORSE

## Luncheon Duets

### **5 OZ. FILET OF BEEF & 4 OZ. BREAST OF CHICKEN**

Garlic Mashed Yukon Gold Potatoes

Haricots Vert with Bell Peppers

Boursin Cream and Shallot Demi

### **6 OZ. PORK TENDERLOIN MEDALLION & 6OZ. BREAST OF CHICKEN**

Herb Basmati Rice

Grilled Asparagus

Apple Demi and Almond Cherry Chutney

### **4 OZ. BLACKENED BREAST OF CHICKEN & 3 GRILLED SHRIMP**

Chive Jasmine Rice

Baby Carrots

Mango Coulis

Lemon Caper Butter

### **5 OZ. FILET OF BEEF & 3 GRILLED SHRIMP**

Roasted Fingerling Potatoes

Sautéed Squash and Peppers

Caramelized Onion Demi and Citrus Crema

### **6 OZ. SIRLOIN OF BEEF & 5 OZ. SALMON FILLET**

Country Mashed Red Bliss Potatoes

Sugar Snap Peas and Peppers

Chive Butter and Mango Salsa

## **OTHER OPTIONS**

Honey Glazed Baby Carrots

Carrot Puree

Grilled Asparagus

Grilled Balsamic Vegetables

Green Beans with Bell Pepper Julienne

Haricots Vert

Roasted Root Vegetables

Roasted Brussel Sprouts

Sugar Snap Peas

Chive Scallion Jasmine Rice

Country Mashed Red Bliss Potatoes

Garlic Mashed Yukon Gold Potatoes

Herb Basmati Rice

Parmesan Spinach Risotto Cake

Roasted Fingerling Potatoes

Roasted Red Bliss Potatoes

Sweet Potato Puree

Vegetable Israeli Couscous

Wild Rice Pilaf

